



## **#SoloPR Transcript –7/12/2017**

Q1: How do you keep up when you're supposed to be taking time off?

pic.twitter.com/YgBupErw24

Q2: Does 'taking a #vacation' mean the same thing when you're a

#solopreneur? pic.twitter.com/5Ehu2b3HaX

Q3: What boundaries do you set for work while away?

pic.twitter.com/GKhHKPcliY

Q4: What are your #musthave #tools & resources to manage work while on

#vacation? pic.twitter.com/5EAupZDjAX

Q5: How do you find & prepare contractors to support you while away?

pic.twitter.com/1iEB3vuQZL

Q6: Do you deduct money for retainer clients while on vacation?

pic.twitter.com/F4PjaGTLIu

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*Transcript follows in reverse chronological order:*



[SoloPR 2:01pm via tchat.io](#)

Thanks all for joining! Transcript will be up on the blog tomorrow and we chat on the hashtag all week long! [#solopr](#)



[SoloPR 2:00pm via Twubs](#)

Thank you @[sharonmostyn](#) for framing and moderation, always a good time when we team up! [#solopr](#) [#smchat](#)



[SoloPR 2:00pm via Twubs](#)

Thanks @[sourcePOV](#) @[sharonmostyn](#) for having us! [#solopr](#) [#smchat](#)



[CloudyButt 2:00pm via Artist Robot](#)

A4. Gotta love your butt! With a wifi connection, you can access everything you need! [#smchat](#) [#solopr](#)



[sharonmostyn 2:00pm via TweetDeck](#)

Thanks everyone for joining today's [#smchat](#) [#solopr](#) chat! Special thanks to @[KarenSwim](#) @[SoloPR](#) - it's always a pleasure chatting with you! [pic.twitter.com/OKj4NeKuLa](http://pic.twitter.com/OKj4NeKuLa)



[sourcePOV 1:59pm via Twitter for iPhone](#)

Hate to run .. ++ props @[KarenSwim](#) @[SoloPR](#) @[sharonmostyn](#) & crew for another great [#smchat](#) [#solopr](#) combo. Love the vibe and all the insights!



[KarenSwim 1:59pm via Hootsuite](#)

@[sdrosenb](#) Will Smith haters? Who are they? I want names? ;-)  
[#smchat](#) [#solopr](#)

*#solopr transcript – 7/12/2017*

*For more information and resources, visit <http://soloprpro.com/>*

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[KarenSwim 1:58pm via Hootsuite](#)

A6. If, however I was going to only work half the hours and be completely gone, I would.  
[#solopr](#) [#smchat](#)



[sdrosenb 1:57pm via TweetDeck](#)

For the W. Smith haters in the [#smchat](#) [#solopr](#) chat, my apologies for the gif being stuck on loop now. :)



[SoloPR 1:54pm via Twitter Web Client](#)

RT @gregwbloods: A6: Always be billing.

Always. Be. Billing.

A.) Always

B.) Be

C.) Billing

[#solopr](#) [#smchat](#)



[sdrosenb 1:54pm via Twitter Web Client](#)

@sourcePOV Like Will Smith said "Man, bots just don't understand!" [#solopr](#) [#smchat](#)  
[pic.twitter.com/ko5X4y9xZn](http://pic.twitter.com/ko5X4y9xZn)



[KristK 1:53pm via tchat.io](#)

Always? RT @gregwbloods: A6: Always be billing.

Always. Be. Billing.

A.) Always

B.) Be

C.) Billing

[#solopr](#) [#smchat](#) [#solopr](#)



[KarenSwim 1:53pm via Hootsuite](#)

A6. No. I put in the time and get it done and remain available if needed on vacay, they are never shortchanged. [#solopr](#) [#smchat](#)



[gregwbrooks](#) 1:52pm via Twitter Web Client

A6: Always be billing.  
Always. Be. Billing.

A.) Always

B.) Be

C.) Billing

[#solopr](#) [#smchat](#)



[SoloPR](#) 1:51pm via Twubs

RT @sharonmostyn [#smchat](#) [#solopr](#) Q6 Do you deduct money for retainer clients while on vacation? [pic.twitter.com/HrXHr55qYi](https://pic.twitter.com/HrXHr55qYi)



[dariasteigman](#) 1:51pm via Twitter for Android

No. Work ebbs & flows, and it works out across time. Plus, I'm available in a pinch.  
[#solopr](#) [#smchat](#) [twitter.com/sharonmostyn/s...](https://twitter.com/sharonmostyn/s...)



[sourcePOV](#) 1:51pm via Twitter for iPhone

Love this. Maybe AI has finally turned a corner? RT @FunTimesinPR "bots need to understand.." :) [#smchat](#) [#solopr](#) [twitter.com/funtimesinpr/s...](https://twitter.com/funtimesinpr/s...)



[KristK](#) 1:50pm via tchat.io

RT @sharonmostyn: [#smchat](#) [#solopr](#) Q6 Do you deduct money for retainer clients while on vacation? [pic.twitter.com/FRCJQkmaFF](https://pic.twitter.com/FRCJQkmaFF)



[sharonmostyn](#) 1:50pm via TweetDeck

[#smchat](#) [#solopr](#) Q6 Do you deduct money for retainer clients while on vacation?  
[pic.twitter.com/F4PjaGTLIu](http://pic.twitter.com/F4PjaGTLIu)



[sdrosenb](#) 1:47pm via [TweetDeck](#)

@[SoloPR](#) @[sourcePOV](#) Timely though, given the current chat thread. [#solopr](#) [#smchat](#)



[SoloPR](#) 1:46pm via [Twitter Web Client](#)

@[sourcePOV](#) When it works it is beautiful, when it doesn't it is awful! [#smchat](#) [#solopr](#)



[sdrosenb](#) 1:44pm via [TweetDeck](#)

@[KristK](#) @[sharonmostyn](#) That sounds familiar. Lots of case study/trend pieces like that out there now, but habits can be hard to change when you scale up. [#solopr](#)



[PaulaJohns](#) 1:43pm via [tchat.io](#)

@[KristK](#), I remember reading about that too. [#soloPR](#) [#smchat](#)



[KristK](#) 1:42pm via [tchat.io](#)

@[sdrosenb](#) @[sharonmostyn](#) Details are fuzzy, but read about seatmate hacking into journo email and showing him during flight [#smchat](#) [#solopr](#)



[SoloPR](#) 1:42pm via [Twubs](#)

Hi @[KellyeCrane](#) :-) Aww boo, you should quit! LOL! [#solopr](#) [#smchat](#)



[sdrosenb](#) 1:42pm via [TweetDeck](#)

@[gregwbrooks](#) @[sharonmostyn](#) Good man! VPN is getting closer to the point where soon we will all need one. [#solopr](#) [#smchat](#)

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[SoloPR 1:41pm via Twubs](#)

True @[sdrosenb](#) which is why we have VPN [#solopr](#) [#smchat](#)



[PaulaJohns 1:41pm via tchat.io](#)

A4 I stay away from public wi-fi. I'll set up a personal hot spot when wi-fi isn't available.  
[#soloPR](#) [#smchat](#)



[KellyeCrane 1:41pm via Twitter for iPhone](#)

Waving hello to [#solopr](#) and [#smchat](#) chatters! I have a standing weekly client call that interferes w/this time now. Maybe I should quit. :-)



[gregwbrosks 1:41pm via Twitter Web Client](#)

@[sdrosenb](#) @[sharonmostyn](#) Bingo. Travel is the main reason I keep a VPN subscription.  
[#solopr](#) [#smchat](#)



[jendonovansf 1:41pm via TweetDeck](#)

@[SoloPR](#) @[sdrosenb](#) @[sharonmostyn](#) We get used to them on our laptops, but in a pinch, phone can work. Or find an Apple/Best Buy store and log on to theirs :) [#solopr](#)  
[#smchat](#)



[sharonmostyn 1:41pm via TweetDeck](#)

[#smchat](#) [#solopr](#) Q5 How do you find & prepare contractors to support you while away?  
[pic.twitter.com/1iEB3vuQZL](http://pic.twitter.com/1iEB3vuQZL)



[sdrosenb 1:40pm via TweetDeck](#)

@[sharonmostyn](#) Most people would be stunned to know how easy prey we are to hackers on most WiFi networks. [#smchat](#) [#solopr](#)



[SoloPR 1:40pm via tchat.io](#)

A4. Gotta love the cloud! With a wifi connection, you can access everything you need! [#smchat](#) [#solopr](#)



[PaulaJohns 1:39pm via tchat.io](#)

A4. Laptop, wi-fi, smart phone. All the sw tools I use are accessible online. [#smchat](#) [#soloPR](#)



[sdrosenb 1:39pm via TweetDeck](#)

@[sharonmostyn](#) A4 and these days when using wifi on vacay, we have to be careful about which networks we use. Many wifis are not secure. [#solopr](#) [#smchat](#)



[SoloPR 1:39pm via tchat.io](#)

@[sdrosenb](#) @[jendonovansf](#) @[sharonmostyn](#) Yes, but I have learned the hard way some services just work better with a laptop [#smchat](#) [#solopr](#)



[jendonovansf 1:38pm via TweetDeck](#)

@[KarenSwim](#) Me too! [#solopr](#) [#smchat](#)



[KarenSwim 1:38pm via Hootsuite](#)

That's awesome @[jendonovansf](#) !I am obsessed about bringing mine and making sure I leave with them. [#smchat](#) [#solopr](#)



[sharonmostyn 1:37pm via TweetDeck](#)

But sometimes what they say NEEDS to be shared on social ;) [#smchat](#) [#solopr](#)  
[twitter.com/KristK/status/...](https://twitter.com/KristK/status/...)



[sharonmostyn](#) 1:36pm via TweetDeck

Me too! "Roughing it" to me means the wi-fi isn't full bars! [#smchat](#) [#solopr](#)  
[twitter.com/PaulaJohns/sta...](https://twitter.com/PaulaJohns/sta...)



[gregwbrosks](#) 1:36pm via Twitter Web Client

A4: For me, No. 1 is the right (light/high-power/rugged) laptop, which can be irritatingly expensive. [#solopr](#) [#smchat](#)



[sdrosenb](#) 1:36pm via TweetDeck

@[jendonovansf](#) @[sharonmostyn](#) Always, though those big phablets are catching up.  
[#solopr](#) [#smchat](#)



[jendonovansf](#) 1:35pm via TweetDeck

Hotel front desks are great spots to check if you forget a charger or cord. Many people leave behind in their rooms. [#solopr](#) [#smchat](#) [twitter.com/KarenSwim/stat...](https://twitter.com/KarenSwim/stat...)



[sharonmostyn](#) 1:35pm via TweetDeck

RT @[jendonovansf](#): A4: Must have tools for managing [#socialmedia](#) while on vacation??  
A great team of people to help you out! [#solopr](#) [#smchat](#)



[CreativationMkt](#) 1:35pm via TweetDeck

RT @[jendonovansf](#): A4: Must have tools for managing [#socialmedia](#) while on vacation??  
A great team of people to help you out! [#solopr](#) [#smchat](#)





[SoloPR 1:35pm via Twubs](#)

Thank you @[phyllisweisspr](#), have a great afternoon [#solopr](#) [#smchat](#)



[sdrosenb 1:34pm via TweetDeck](#)

@[phyllisweisspr](#) Take care Phyllis. Good to see you and hope all is well. [#solopr](#) [#smchat](#)



[jendonovansf 1:34pm via TweetDeck](#)

@[sdrosenb](#) @[sharonmostyn](#) And weighs less :) [#solopr](#) [#smchat](#)



[KarenSwim 1:34pm via Hootsuite](#)

A4. Phone, cloud file server, battery back-ups, cords, laptop [#smchat](#) [#solopr](#)



[sourcePOV 1:34pm via Twitter for iPhone](#)

Great topic Karen & Sharon !! [#smchat](#) [#solopr](#) [twitter.com/sharonmostyn/s...](#)



[phyllisweisspr 1:34pm via Twitter Web Client](#)

Enjoyed today's chat. Sorry I need to drop off. [#solopr](#) [#smchat](#)



[jendonovansf 1:34pm via TweetDeck](#)

A4: Vacation tools Part 2: My phone is usually all I need to access social profiles, content banks, scheduling apps, etc. [#solopr](#) [#smchat](#)



[KristK 1:33pm via tchat.io](#)

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Amen! RT @jendonovansf: A4: Must have tools for managing [#socialmedia](#) while on vacation?? A great team of people! [#solopr](#) [#smchat](#)



[jendonovansf](#) 1:33pm via TweetDeck

A4: Must have tools for managing [#socialmedia](#) while on vacation?? A great team of people to help you out! [#solopr](#) [#smchat](#)



[sdrosenb](#) 1:33pm via TweetDeck

@sharonmostyn A4 my cell, which has all the access to my emails/Gdrive and such. Usually better than a laptop 80% of the time. [#solopr](#) [#smchat](#)



[KristK](#) 1:32pm via tchat.io

RT @sharonmostyn: [#smchat](#) [#solopr](#) Q4 What are your [#musthave](#) [#tools](#) & resources to manage work while on [#vacation](#)?



[KristK](#) 1:32pm via tchat.io

A3: Family has a no-social update policy, esp at meals, to encourage us to talk, make eye contact, etc. [#smchat](#) [#solopr](#)



[sharonmostyn](#) 1:32pm via TweetDeck

[#smchat](#) [#solopr](#) Q4 What are your [#musthave](#) [#tools](#) & resources to manage work while on [#vacation](#)? [pic.twitter.com/5EAupZDjAX](http://pic.twitter.com/5EAupZDjAX)



[phyllisweisspr](#) 1:30pm via Twitter Web Client

RT @PaulaJohns: @phyllisweisspr Ha ha, I'm the opposite. I try to visit places that have good Wi-Fi. [#soloPR](#) [#smchat](#)



[PaulaJohns 1:29pm via tchat.io](#)

@[phyllisweisspr](#) Ha ha, I'm the opposite. I try to visit places that have good Wi-Fi.  
[#soloPR](#) [#smchat](#)



[KristK 1:29pm via tchat.io](#)

A3: I turn off notifications for my phone. Check email at least 2x day but no blinking lights. If emergency, they'll call. [#smchat](#) [#solopr](#)



[jendonovansf 1:28pm via TweetDeck](#)

Exactly. The days of traveling with no wifi are over. And with Tmobile, my phone works virtually everywhere in the world. [#solopr](#) [#smchat](#) [twitter.com/KarenSwim/stat...](https://twitter.com/KarenSwim/stat...)



[SoloPR 1:27pm via tchat.io](#)

Have fun @[dariasteigman](#)! [#smchat](#) [#solopr](#)



[KarenSwim 1:27pm via Hootsuite](#)

A3. Less of big deal these days because we always have our phones, so clients know if needed they can reach you. [#smchat](#) [#solopr](#)



[sdrosenb 1:27pm via TweetDeck](#)

@[gregwbrooks](#) Agreed. If sh-t is going down, it's going down regardless of your vacay.  
[#solopr](#) [#smchat](#)



[KarenSwim 1:26pm via Hootsuite](#)

A3. I also will not work on non-emergent tasks, it can wait until I return (well most of the time anyway) [#smchat](#) [#solopr](#)



[gregwbros](#) 1:26pm via Twitter Web Client

A3: Depends on client. You're not going to get that tri-fold as fast, but crisis is crisis -- no impediments allowed. [#solopr](#) [#smchat](#)



[phyllisweisspr](#) 1:25pm via Twitter Web Client

A3. Try to visit places where wi-fi isn't available all day. [#solopr](#) [#smchat](#)



[dariasteigman](#) 1:25pm via TweetDeck

Need to pop off [#smchat](#) & hit the road. Taking advantage of my [#solopr](#) flexibility to catch up w/ an old friend. Catch you all later!



[sharonmostyn](#) 1:25pm via TweetDeck

Setting boundaries is a great suggestion. I also am fortunate to have my [@CreativationMkt](#) team to back me up [#smchat](#) [#solopr](#) [twitter.com/sdrosenb/statu...](#)



[KarenSwim](#) 1:25pm via Hootsuite

A3. Less access. I try to set scheduled email check-in times so that everyone knows I'm not looking at it all day. [#smchat](#) [#solopr](#)



[sharonmostyn](#) 1:24pm via TweetDeck

[@terezadickson](#) Unless we have clients who are busy during holidays (like US July 4th), I agree that's a great time to schedule down time [#smchat](#) [#solopr](#)



[sdrosenb](#) 1:23pm via TweetDeck

[@sharonmostyn](#) A3 Mostly setting boundaries with clients. Letting them know what is immediate (response wise) v. timely. [#solopr](#) [#smchat](#)



[SoloPR 1:23pm via Twitter Web Client](#)

RT @sharonmostyn: [#smchat](#) [#solopr](#) Q3 What boundaries do you set for work while away? [pic.twitter.com/GKhHKPcliY](http://pic.twitter.com/GKhHKPcliY)



[KristK 1:23pm via tchat.io](#)

RT @sharonmostyn: [#smchat](#) [#solopr](#) Q3 What boundaries do you set for work while away? [pic.twitter.com/wqCtGt2fT0](http://pic.twitter.com/wqCtGt2fT0)



[sharonmostyn 1:23pm via TweetDeck](#)

[#smchat](#) [#solopr](#) Q3 What boundaries do you set for work while away? [pic.twitter.com/GKhHKPcliY](http://pic.twitter.com/GKhHKPcliY)



[jendonovansf 1:22pm via TweetDeck](#)

@sharonmostyn Good point. Your brand, your clients, your rules :) [#solopr](#) [#smchat](#)



[phyllisweisspr 1:22pm via Twitter Web Client](#)

RT @KarenSwim: A2. No. It's better because I am more relaxed because I control it versus corporate when you had no choice. [#smchat](#) [#solopr](#)



[sharonmostyn 1:21pm via TweetDeck](#)

I also find that I'm more "invested" in client work when it benefits my own company. [#smchat](#) [#solopr](#) [twitter.com/jendonovansf/s...](http://twitter.com/jendonovansf/s...)



[sdrosenb 1:21pm via TweetDeck](#)

@CreativationMkt Glad to hear it. Wish I could say the same of past ones. At time I felt like I wasn't on vacay, still putting out fires. [#solopr](#) [#smchat](#)

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[phyllisweisspr](#) 1:20pm via Twitter Web Client

RT @[terezadickson](#): A2 In Finland, July is literally the quietest month. So it's actually possible for [#solopr](#) to have a \_real\_ vacation. #s...



[SoloPR](#) 1:20pm via tchat.io

Love that @[terezadickson](#), makes it easy to have down time when everyone is in sync! [#smchat](#) [#solopr](#)



[SoloPR](#) 1:20pm via Twitter Web Client

RT @[terezadickson](#): A2 In Finland, July is literally the quietest month. So it's actually possible for [#solopr](#) to have a \_real\_ vacation. #s...



[CreativationMkt](#) 1:19pm via TweetDeck

That's definitely part of why we love being part of a great team... [#smchat](#) [#solopr](#)  
[twitter.com/sdrosenb/statu...](https://twitter.com/sdrosenb/status...)



[terezadickson](#) 1:19pm via Twitter Web Client

A2 In Finland, July is literally the quietest month. So it's actually possible for [#solopr](#) to have a \_real\_ vacation. [#smchat](#)



[SoloPR](#) 1:19pm via Twitter Web Client

RT @[KristK](#): A2: Mindset changed when became [#solopr](#). As employee, work calls intruded on personal time. Now, they blend. I balance. [#smchat](#)...



[dariasteigman](#) 1:18pm via TweetDeck

This. ☺☺☺

(My overall flexibility means formal "vacay time" is less needed.)

[#solopr](#) [#smchat](#) [twitter.com/jendonovansf/s...](https://twitter.com/jendonovansf/s...)



[KristK](#) 1:18pm via tchat.io

A2: Mindset changed when became [#solopr](#). As employee, work calls intruded on personal time. Now, they blend. I balance. [#smchat](#) [#solopr](#)



[SoloPR](#) 1:18pm via Twitter Web Client

RT @[phyllisweisspr](#): [#solopr](#) [#smchat](#) A2. Regardless of job title, a Type A personality won't totally relax.



[sharonmostyn](#) 1:18pm via TweetDeck

@[MollyNichelson](#) @[SoloPR](#) Agreed! A fully-charged phone (and/or battery pack) is a requirement for me every day! [#smchat](#) [#solopr](#)



[phyllisweisspr](#) 1:17pm via Twitter Web Client

[#solopr](#) [#smchat](#) A2. Regardless of job title, a Type A personality won't totally relax.



[KarenSwim](#) 1:17pm via Hootsuite

A2. No. It's better because I am more relaxed because I control it versus corporate when you had no choice. [#smchat](#) [#solopr](#)



[jendonovansf](#) 1:16pm via TweetDeck

Solo life affords more work-life balance overall, so unplugging 100% for a traditional "week off" isn't always necessary. [#solopr](#) [#smchat](#)



[gregwbrosks](#) 1:16pm via Twitter Web Client

A2: When I was in W-2 management positions, I brought my work with me on vacations as well. So for me, it's the same. [#solopr](#) [#smchat](#)



[jendonovansf](#) 1:15pm via TweetDeck

A2: I don't mind keeping an eye on client activity, glancing at social media feeds while on vacation. Aware, but less active [#solopr](#) [#smchat](#)



[MollyNichelson](#) 1:15pm via Twitter for iPhone

@[SoloPR](#) @[sharonmostyn](#) A1: Planning, right? That's the ticket. And making sure your phone is charged in case. [#solopr](#) [pic.twitter.com/glRQboVrfa](#)



[sharonmostyn](#) 1:15pm via TweetDeck

@[sourcePOV](#) Good to see you Chris (late or not LOL) [#smchat](#) [#solopr](#)



[sdrosenb](#) 1:15pm via TweetDeck

@[sharonmostyn](#) A2 Depends. If in prior agency life, you had a rock solid team to cover while away, then yes, it is different solo. If not.. [#solopr](#) [#SMchat](#)



[dariasteigman](#) 1:14pm via TweetDeck

No 1-size-fits-all. It can. It doesn't for me. I'm always doing something, even if it's just minimal reading. [#solopr](#) [#smchat](#) [twitter.com/sharonmostyn/s...](#)



[KristK](#) 1:14pm via tchat.io

RT @[sharonmostyn](#): [#smchat](#) [#solopr](#) Q2 Does 'taking a [#vacation](#)' mean the same thing when you're a [#solopreneur](#)?





[sharonmostyn](#) 1:14pm via TweetDeck

[#smchat](#) [#solopr](#) Q2 Does 'taking a [#vacation](#)' mean the same thing when you're a [#solopreneur](#)? [pic.twitter.com/5Ehu2b3HaX](http://pic.twitter.com/5Ehu2b3HaX)



[sourcePOV](#) 1:13pm via Twitter for iPhone

Ok good, then I only FEEL late :) how is everyone? [#smchat](#) [#solopr](#) [twitter.com/solopr/status/...](http://twitter.com/solopr/status/...)



[jendonovansf](#) 1:13pm via TweetDeck

@[sharonmostyn](#) Agreed! Luckily in B2B [#socialmedia](#), "emergencies" are rare. [#solopr](#) [#smchat](#)



[PaulaJohns](#) 1:13pm via tchat.io

Even though I plan ahead, I always bring my laptop, just in case. I don't mind being reachable & rarely fully unplug. [#soloPR](#) [#SMchat](#)



[dariasteigman](#) 1:13pm via TweetDeck

@[sourcePOV](#) Fashionably late. :) Welcome. [#solopr](#) [#smchat](#)



[sharonmostyn](#) 1:13pm via TweetDeck

Being available for emergencies is always a good idea, as long as you can relax and recharge if it's not urgent (IMHO) [#smchat](#) [#solopr](#) [twitter.com/jendonovansf/s...](http://twitter.com/jendonovansf/s...)



[SoloPR](#) 1:12pm via tchat.io

Hiya @[sourcePOV](#)! You are right on time! [#solopr](#)



[sourcePOV 1:12pm via Twitter for iPhone](#)

Hey gang Chris Jones in Charlotte, arriving a bit late for [#smchat](#) [#solopr](#)



[dariasteigman 1:11pm via TweetDeck](#)

RT @[SoloPR](#): Indeed! :-) RT @[KristK](#): A1: Working from the beach is still working [#smchat](#) [#solopr](#)



[dariasteigman 1:11pm via TweetDeck](#)

@[sharonmostyn](#) @[gregwbrooks](#) @[jendonovansf](#) I mostly take adv of downtimes. And I work better w/ long weekends than weeks off. Seems to refresh me better. [#solopr](#) [#smchat](#)



[SoloPR 1:11pm via tchat.io](#)

Indeed! :-) RT @[KristK](#): A1: Working from the beach is still working [#smchat](#) [#solopr](#)



[phyllisweisspr 1:11pm via Twitter Web Client](#)

RT @[KristK](#): A1: Working from the beach is still working [#smchat](#) [#solopr](#)



[jendonovansf 1:11pm via TweetDeck](#)

This! Sometimes it's busier before the vacation, but the planning and prep pay off. [#solopr](#) [#smchat](#) [twitter.com/KarenSwim/stat...](#)



[KristK 1:11pm via tchat.io](#)

A1: Working from the beach is still working [#smchat](#) [#solopr](#)



[gregwbrooks](#) 1:11pm via Twitter Web Client

@[sharonmostyn](#) @[jendonovansf](#) @[dariasteigman](#) I conveniently burned out when I was 14. :) [#solopr](#) [#smchat](#)



[sharonmostyn](#) 1:11pm via TweetDeck

RT @[KarenSwim](#): A1. Plan ahead, have a backup and be flexible in case of emergency. [#smchat](#) [#solopr](#)



[sharonmostyn](#) 1:10pm via TweetDeck

@[terezadickson](#) Hi Maria! Looking forward to your insights from a non-US perspective! [#smchat](#) [#solopr](#)



[jendonovansf](#) 1:10pm via TweetDeck

@[sharonmostyn](#) @[gregwbrooks](#) @[dariasteigman](#) Oh I take time off for sure! I have people on my team do 99% of client work while I'm out. I'm available in emergencies. [#solopr](#) [#smchat](#)



[KarenSwim](#) 1:10pm via Hootsuite

A1. Plan ahead, have a backup and be flexible in case of emergency. [#smchat](#) [#solopr](#)



[sdrosenb](#) 1:10pm via TweetDeck

Recently I did this with my fam for a nice, long day trip to Fire Island. It was just what I needed. [#solopr](#) [#smchat](#)



[dariasteigman](#) 1:10pm via TweetDeck

When I mostly covered Congress, natural lulls (Aug., Dec, holiday weeks). Now my biz has far less down-time predictability. [#solopr](#) [#smchat](#)



[sharonmostyn](#) 1:10pm via TweetDeck

[#smchat](#) [#solopr](#) @gregwbrooks @jendonovansf @dariasteigman If you never take time off, aren't you afraid of burning out?



[phyllisweisspr](#) 1:10pm via Twitter Web Client

[#solopr](#) [#smchat](#) A1. Be insane about work before you go and when you return from vacation. But, don't make yourself crazy during vacation.



[KristK](#) 1:09pm via tchat.io

A1: Difference b/t working 1-2 hours/day while on vacay and truly stepping away from your work. [#smchat](#) [#solopr](#)



[sdrosenb](#) 1:09pm via TweetDeck

A1 Sometimes short breaks do the trick to help keep up. Local day trips you don't usually go to on off days, like Wed. [#solopr](#) [#SMchat](#)



[PaulaJohns](#) 1:09pm via tchat.io

When possible, I vacation during slower seasons, such as July 4th, end of Dec. That way there's less to keep up on. :) [#soloPR](#) [#SMchat](#)



[dariasteigman](#) 1:08pm via TweetDeck

@sharonmostyn Hi Sharon! ~~ Waving up 95 ~~ Learned from experience it's never that simple! [#solopr](#) [#smchat](#)



[sharonmostyn 1:08pm via TweetDeck](#)

@[KristK](#) @[SoloPR](#) Great to see you on the [#smchat](#) [#solopr](#) combo chat Kristie!



[gregwbrosks 1:08pm via Twitter Web Client](#)

A1: My practice is built around high availability, so I'm available during vacations.  
[#solopr](#) [#smchat](#)



[jendonovansf 1:08pm via TweetDeck](#)

Ditto, I'm always keeping an eye on things. I am my brand after all. [#solopr](#) [#smchat](#)  
[twitter.com/dariasteigman/...](https://twitter.com/dariasteigman/)



[SoloPR 1:08pm via Twubs](#)

A1. What is this time-off that you speak of? Lol! [#solopr](#) [#smchat](#)



[CreativationMkt 1:07pm via TweetDeck](#)

RT @[jendonovansf](#): A1: Time off is important to recharge and come back fresh for clients. [#solopr](#) [#smchat](#)



[sharonmostyn 1:07pm via TweetDeck](#)

RT @[jendonovansf](#): A1: Time off is important to recharge and come back fresh for clients. [#solopr](#) [#smchat](#)



[dariasteigman 1:07pm via TweetDeck](#)

A1 For me, work-life balance isn't about on and off. It's about moderation. I might shut down my clients, but not my brain. [#solopr](#) [#smchat](#)



[sharonmostyn 1:07pm via TweetDeck](#)

@[dariasteigman](#) Hi Daria! Love the answer LOL! [#smchat](#) [#solopr](#)



[SoloPR 1:07pm via Twubs](#)

RT @[autom8](#) A1 i don't. i ensure all my ducks are lined up for me to pick up where i've left off before taking off for vacay ;) [#solopr](#)



[phyllisweisspr 1:06pm via Twitter Web Client](#)

RT @[CreativationMkt](#): The combo [#smchat](#) [#solopr](#) audience always makes for some interesting insights! [twitter.com/SoloPR/status/...](https://twitter.com/SoloPR/status/...)



[jendonovansf 1:06pm via TweetDeck](#)

A1: Time off is important to recharge and come back fresh for clients. [#solopr](#) [#smchat](#)



[CreativationMkt 1:06pm via TweetDeck](#)

The combo [#smchat](#) [#solopr](#) audience always makes for some interesting insights! [twitter.com/SoloPR/status/...](https://twitter.com/SoloPR/status/...)



[SoloPR 1:06pm via Twubs](#)

Awesome to see so many familiar faces! Thanks for being here! [#solopr](#) [#smchat](#)



[KristK 1:06pm via tchat.io](#)

RT @[SoloPR](#): RT @[sharonmostyn](#) [#smchat](#) [#solopr](#) Q1 How do you keep up when you're supposed to be taking time off?



[sdrosenb](#) 1:06pm via TweetDeck

@[SoloPR](#) @[sharonmostyn](#) Time off? What's that? [#solopr](#) [#smchat](#)



[dariasteigman](#) 1:06pm via TweetDeck

What is this "time off" you speak off? [#solopr](#) [#smchat](#) [twitter.com/SoloPR/status/...](https://twitter.com/SoloPR/status/...)



[phyllisweisspr](#) 1:06pm via Twitter Web Client

RT @[SoloPR](#): RT @[sharonmostyn](#) [#smchat](#) [#solopr](#) Q1 How do you keep up when you're supposed to be taking time off? [pic.twitter.com/82B567Yqrc](https://pic.twitter.com/82B567Yqrc)



[SoloPR](#) 1:05pm via Twubs

RT @[sharonmostyn](#) [#smchat](#) [#solopr](#) Q1 How do you keep up when you're supposed to be taking time off? [pic.twitter.com/82B567Yqrc](https://pic.twitter.com/82B567Yqrc)



[dariasteigman](#) 1:05pm via TweetDeck

@[MollyNichelson](#) Happy Hump Day! How's Cali today?  
[#solopr](#) [#smchat](#)



[KristK](#) 1:05pm via tchat.io

Ready for a joint [#smchat](#) [#solopr](#) chat. Kristie here from the MS Gulf Coast (APR, PR consultant and instructor).



[sharonmostyn](#) 1:05pm via TweetDeck

@[phyllisweisspr](#) Always great to have you join us Phyllis! [#smchat](#) [#solopr](#)



[jendonovansf](#) 1:05pm via TweetDeck

A1: When taking time off, I work closely with team to ensure they are ready to handle client support in my absence. [#solopr](#) [#smchat](#)



[dariasteigman](#) 1:05pm via TweetDeck

And did I mention it's hotting up in DC -- and the AC is down in my building. So, yes, I need distractions. [#smchat](#) [#solopr](#)



[SoloPR](#) 1:05pm via Twubs

That's awesome @[autom8](#) and look forward to your insights [#smchat](#) [#solopr](#)



[MollyNichelson](#) 1:04pm via Twitter for iPhone

Hello all! Molly from California here. Happy Wednesday. [#solopr](#)



[sharonmostyn](#) 1:04pm via TweetDeck

@[jendonovansf](#) Hi Jennifer! Welcome to the [#smchat](#) [#solopr](#) combo chat!



[dariasteigman](#) 1:04pm via TweetDeck

Hello! Joining [#solopr](#) / [#smchat](#) for a few, then off to hang out w/ someone I haven't see since we were in jr. high together in Lagos.



[SoloPR](#) 1:04pm via tchat.io

Good afternoon @[phyllisweisspr](#) always great to have you in the chat! [#smchat](#) [#solopr](#)





[gregwbrooks 1:04pm via Twitter Web Client](#)

Greg Brooks here -- public affairs, crisis and issues PR from Las Vegas [#solopr](#) [#smchat](#)



[sharonmostyn 1:04pm via TweetDeck](#)

@[sdrosenb](#) @[LEVELPRNY](#) Thanks for joining us Scott! [#smchat](#) [#solopr](#)



[PaulaJohns 1:04pm via tchat.io](#)

Paula here, joining the conversation from the San Diego area. I'm a PR/content/marketing consultant. [#smchat](#) [#soloPR](#)



[sharonmostyn 1:04pm via TweetDeck](#)

[#smchat](#) [#solopr](#) Q1 How do you keep up when you're supposed to be taking time off?  
[pic.twitter.com/YgBupErw24](http://pic.twitter.com/YgBupErw24)



[SoloPR 1:03pm via tchat.io](#)

Hello @[jendonovansf](#) so glad you could make it [#smchat](#) [#solopr](#)



[phyllisweisspr 1:03pm via Twitter Web Client](#)

[#solopr](#) [#smchat](#) Good afternoon. Phyllis Weiss here from the ATL.



[SoloPR 1:03pm via tchat.io](#)

Thanks @[sharonmostyn](#) @[KarenSwim](#) we LOVE these joint chats! [#solopr](#)



[jendonovansf 1:03pm via TweetDeck](#)

*#solopr transcript – 7/12/2017*

*For more information and resources, visit <http://soloprpro.com/>*

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Good morning [#solopr](#) and [#smchat](#) friends. Jennifer, social media consultant, from San Francisco here.



[jendonovansf](#) 1:02pm via TweetDeck

RT @[sharonmostyn](#): Please take a moment to introduce yourself to our [#smchat](#) [#solopr](#) audience. It's so great when both chats combine! <https://>...



[sharonmostyn](#) 1:02pm via TweetDeck

Special welcome to @[KarenSwim](#) @[SoloPR](#) & our [#pr](#) friends - excited to hear your feedback on the [#smchat](#) [#solopr](#) combo chat! [pic.twitter.com/MKpr7z1iG8](http://pic.twitter.com/MKpr7z1iG8)



[sdrosenb](#) 1:01pm via TweetDeck

Hey! Scott R., Prez/Founder of @[LEVELPRNY](#) here. [#smchat](#) [#solopr](#)



[sharonmostyn](#) 1:01pm via TweetDeck

@[autom8](#) Hi Autom! We're happy to have you in any capacity during our [#smchat](#) [#solopr](#) combo!



[sharonmostyn](#) 1:01pm via TweetDeck

Please take a moment to introduce yourself to our [#smchat](#) [#solopr](#) audience. It's so great when both chats combine! [socialmediachat.wordpress.com/2017/07/10/kee...](http://socialmediachat.wordpress.com/2017/07/10/kee...)  
[pic.twitter.com/tiSqPqUFey](http://pic.twitter.com/tiSqPqUFey)



[SoloPR](#) 1:01pm via tchat.io

Please remember to use both [#solopr](#) and @[smchat](#) today, as it is a joint chat!



[SoloPR](#) 1:00pm via Twitter Web Client

*#solopr transcript – 7/12/2017*

*For more information and resources, visit <http://soloprpro.com/>*

RT @sharonmostyn: Welcome to today's [#smchat](#) [#solopr](#) combo chat! Framing: How to keep up when you're supposed to be taking off <https://t.co...>



[sharonmostyn](#) 1:00pm via TweetDeck

Welcome to today's [#smchat](#) [#solopr](#) combo chat! Framing: How to keep up when you're supposed to be taking off [socialmediachat.wordpress.com/2017/07/10/keep...](http://socialmediachat.wordpress.com/2017/07/10/keep-up-when-youre-supposed-to-be-taking-off/)  
[pic.twitter.com/SNkYsi3WqJ](http://pic.twitter.com/SNkYsi3WqJ)